

Free Breast Cancer Support Groups



Be with women who understand what you are going through. Join us to find support with those who have had a breast cancer diagnosis

- ♥ Discuss issues related to living with breast cancer and the impact of this experience on your life.
- ♥ Draw on the emotional support and understanding of others.
- ♥ Reduce stress and empower yourself through knowledge.
- ♥ Become actively involved in your recovery.

There will be occasional guest speakers on topics relevant to breast cancer. Groups facilitated by Marty Nason, RN, MN, Jody Tompkins, MA, LMFT, and Diane Martell, LMFT.

Location: Online via Zoom

Advanced Stage Breast Cancer Group

Date/Time: Tuesdays 11:30am-1pm

Newly Diagnosed and Early Stage Breast Cancer Group

Date/Time: Tuesdays 5-6:30pm

Early Stage Breast Cancer Group

Date/Time: 2nd & 4th Friday
12-1:30pm

Life After Breast Cancer - Survivorship

Date/Time: 2nd & 4th Monday
5-6:30pm

RSVP:

Register on our website:
cancersupportvvsb.org
or email:
programs@cancersupport.org
or call: 805.379.4777