

Young Adults Support Group

Date/Time:

2nd & 4th Thursday

7-8:30pm

Online via Zoom

Cost: Free

RSVP: Register on our website:
cancersupportvvsb.org
or email:

programs@cancersupport.org
or call: 805.379.4777



This group is all about the unique challenges of being a young adult with cancer, including balancing cancer treatment and its side effects with work or school obligations, relationship concerns, and planning for the future. Members of this special group meet twice a month to support each other in dealing with these issues and moving forward.

An orientation attendance and brief preparation interview are required before attending one of these groups.

Each of these groups is facilitated by Nancy Nasser, LMFT, a licensed mental health professional and a long-time CSCVSB group facilitator. As with all services provided by CSCVSB, is offered free of charge.