

An Online Workshop

Naturopathy & Cancer

Dr. Ciara Lumaj, ND



Date: Thursday Sept 21st, 2023

Time: 5:00pm to 6:00pm

Place: Online (Zoom)

Cost: Free to CSCVSB Participants

RSVP: Register on our website:

cancersupportvvsb.org

or email:

programs@cancersupportvvsb.org

or call: 805.379.4777

Cancer treatments like chemotherapy and radiation may cause side effects that range from mild to severe. Naturopathic medicine is a method that may help people manage their cancer and cancer treatment-related side effects, such as fatigue, insomnia, pain and digestive issues. Naturopathic practitioners use a wide variety of natural therapies, including herbal and botanical preparations, dietary supplements. Please join us and learn more about naturopathic medicine from our speaker, Dr. Lumaj.

Dr. Ciara Lumaj, Naturopathic Doctor, approaches cancer from a preventative and side-effect reduction perspective for those with, past, or genetically predisposed to cancer. During her studies at Bastyr University in Seattle, WA, her mother was diagnosed with Stage IV cancer which inspired her to shift her focus to integrative oncology. Her personal experience exposed her to the complexities of cancer treatment and its impact on patients and caregivers, fueling her passion for offering support, guidance, and education to individuals with cancer. Her goal is to alleviate the burden associated with the disease and address side-effects from treatment.