

Family and Friends Weekly Support Groups



Date/Time:

Tuesdays 7pm-8:30pm

Online via Zoom

2nd & 4th Thursdays

10am-11:30am

Online via Zoom

Cost: Free to CSCVSB's Participants

RSVP: Register on our website:
cancersupportvvsb.org
or email:
programs@cancersupportvvsb.org
or call: 805.379.4777

Many feelings can be part of supporting a loved one through cancer treatment – fear, hope, helplessness, and often a sense of aloneness. These weekly support groups, for adult family members of a loved one with cancer, provide a safe place to share these feelings as well as practical information with others in a similar situation.

An orientation attendance and brief preparation interview are required before attending one of these groups.

Each of these groups is facilitated by a long-time CSCVSB group facilitator (all licensed mental health professionals) and, as with all services provided by CSCVSB, is offered free of charge.