

In-Person Social Group

Knotty Knitters



Date/Time:

Tuesdays, Weekly

1:30-3:00 pm

In-Person at CSCVSB's Office

Cost:

Free to CSCVSB's Participants

RSVP:

Register on our website:

cancersupportvvsb.org or email:
programs@cancersupportvvsb.org
or call: 805.379.4777

Are you impacted by cancer? Do you have creative hands? Or do you just want to enjoy chatting while knitting a scarf or a beanie? Studies shows that, beyond medical adherence, social support has been associated with improved physical and emotional health and well-being among cancer survivors. Please come and join our Knotty Knitters and learn how to knit and make new friends. All skill levels are welcome. Knitting needles and yarn will be provided.