

# Reiki - Group Practice

With Jeannie Rabin



## **Date/Time:**

2nd Thursday

12-1pm

Online (Zoom)

## **Cost:**

Free to CSCVSB's Participants

## **RSVP:**

Register on our website:  
[cancersupportvvsb.org](http://cancersupportvvsb.org) or email:  
[programs@cancersupport.org](mailto:programs@cancersupport.org) or  
call: 805.379.4777

Reiki is an energy healing technique in which Jeannie uses gentle hand movements with the intention to guide the flow of healthy energy (what's known in Reiki as life force energy) through the participants body to reduce stress and promote healing. This class is for mutual Reiki practice by Reiki masters and participants. Regardless of whether you have attended the previous attunement workshops, you are welcome to the group for a Reiki experience.

Instructor:

Jeannie is a Reiki Master conducting Reiki Nights, Body Scanning, and Chakra Balancing at Sun Beam Sanctuary.