

Young Adults Support Group



Date/Time:

2nd & 4th Thursday

7-8:30pm

Online via Zoom

Cost: Free to CSCVSB's Participants

RSVP: Register on our website:

cancersupportvvsb.org

or email:

programs@cancersupportvvsb.org

or call: 805.379.4777

This group is all about the unique challenges of being a young adult with cancer, including balancing cancer treatment and its side effects with work or school obligations, relationship concerns, and planning for the future. Members of this special group meet twice a month to support each other in dealing with these issues and moving forward.

An orientation attendance and brief preparation interview are required before attending this group.

This group is facilitated by Nancy Nasser, LMFT, a licensed mental health professional and a long-time CSCVSB group facilitator. As with all services provided by CSCVSB, is offered free of charge.