

Email: programs@cancersupportvvsb.org

Website: www.cancersupportvvsb.org

Call: (805) 379-4777

Llamar: (805) 988-2641 [Se habla Español](#)

Orientation/Newcomer Meeting

Mondays Online (Zoom), 12-1pm

In-Person & One-on-One Orientation available upon request

Holiday Office Closure: November 22nd at 1pm, November 23th & 24th

Support Groups For people with cancer

Life after Breast Cancer (all stages)

-Survivorship Group

Online 2nd & 4th Monday, 5-6:30pm

Life After Cancer- All Cancer Survivorship Group

In-Person 2nd & 4th Monday, 10-11:30am

Gynecological Cancer Support Group

Online 1st & 3rd Tuesday, 10-11:30am

Advanced Breast Cancer Support Group

Online Tuesday Weekly, 11:30am-1pm

Newly Diagnosed Early-Stage Breast Cancer Support Group

Online Tuesday Weekly, 5-6:30pm

All Cancer Support Group

Online Tuesday Weekly, 5-6:30pm

Online Wednesday Weekly, 10-11:30am

Online Wednesday Weekly, 5-6:30pm

Online Thursday Weekly, 10-11:30am

Prostate Cancer Support Group

Online 2nd & 4th Wednesday, 6:30-8:00pm

Young Adult Support Group

Online 2nd & 4th Thursday, 7-8:30pm

Early-Stage Breast Cancer Support Group

Online 2nd & 4th Friday, 1-2:30pm

Support Groups For Friends & Family

Caregivers- Family & Friends Support Groups

Online Tuesday Weekly, 6:30-8pm

Bereavement Support Group: Moving Ahead Together

Online 1st & 3rd Wednesday, 6-7:30pm

Bereavement Support Group

Online Thursday Weekly, 6-7:30pm

Networking Groups For people with cancer & their family and friends

Blood Cancer Networking Group

Online 1st Monday, 7-8:30pm

Prostate Cancer Networking Group

In-Person/Online 3rd Sunday, 10:30am-12:30pm

Support Groups In Spanish

Parents of Pediatric Cancer Survivors Support Group

Online 3rd Thursday, 5-6:30pm

Latinos with Cancer and their Families

Online 1st Wednesday, 6-7:30pm

Healthy Lifestyle Classes

Chakra Healing Sound Bath Class

Online Monday Weekly, 12-1:45pm

Guided Imagery Class

Online Tuesday Weekly, 1:30-2:30pm

Gentle Yoga Class **No Class 11/22**

In-Person Wednesday Weekly, 4-5pm

Reiki Class

Online 2nd Thursday, 12-2pm

Knotty Knitters (Social Club)

In-Person Tuesday Weekly, 1:30-2:30pm

Check our calendar on our website for the latest information.

<https://www.cancersupportvvsb.org/events/>

Other Programs & Services

Short-term Individual Counseling

Cancer focused, short-term individual or family counseling is available as an adjunct service.

[English and Spanish Language Available](#)

Educational Workshops

Latest information on a wide variety of cancer related topics presented by medical and other healthcare experts.

Social Events

Evening of Remembrance, Comedy Nights, Holiday Parties, and Garden Party.

Cancer Support Helpline

1-888-793-9355 [Se habla Español](#)

Navigators/resource specialists provide guidance, resources, and emotional support to cancer patients/loved ones. Clinical trial specialists and financial resource specialists available.