

Parents' Circle

Social Group for Parental Figures Impacted by Cancer While Raising Children

Supervised by Kayo Matsumoto, MS, LMFT with Renee McCraw, MA



Date/Time:

2nd & 4th Mondays 4-5pm

Location:

Cancer Support Community VVSB Office
4195 E Thousand Oaks Blvd., #107
Westlake Village, CA 91362

***Pre-Registration Required**

This group is for parents, grandparents, and all parental figures who are dealing with cancer in the family (self or other family member) while also having school-aged children.

This group provides...

- **Mutual Support:** creating a community for parents, grandparents, & all parental figures who are going through similar experiences and provide emotional support.
- **Communication Strategies:** Facilitating discussions on how to appropriately talk to school-aged children about cancer within the family. This can help parental figures navigate difficult conversations and address children's concerns in a supportive manner.
- **Coping & Resource Sharing:** Providing resources and tools to help members cope with the dual challenges of parenting and the impact of cancer in the family. This may involve sharing practical tips and strategies for managing both aspects of life effectively.

All services provided by CSCVSB are offered free of charge.

"Kids' Circle," a concurrent kids support group is also available. "Kids' Circle" is a professionally facilitated, art therapy-oriented support group, designed for children ages approximately 6 to 13.

Please contact programs@cancersupportvvsb.org for details about "Kids' Circle."

Kayo Matsumoto, MS, LMFT is a licensed psychotherapist with 13 years of experience working with people impacted by cancer and the Program & Clinical Director at CSCVSB. Renee McCraw, MA, has 20+ years of academic and emotional support for students and families as a teacher.

To register and learn more:

QR Code

cancersupportvvsb.org

email: programs@cancersupportvvsb.org

call: 805.379.4777



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