

Free Breast Cancer Support Groups



Be with individuals who understand what you are going through. Join us to find support with those who have had a breast cancer diagnosis

- ♥ Discuss issues related to living with breast cancer and the impact of this experience on your life.
- ♥ Draw on the emotional support and understanding of others.
- ♥ Reduce stress and empower yourself through knowledge.
- ♥ Become actively involved in your recovery.

Advanced Stage Breast Cancer Group

Online 2nd & 4th Monday, 5-6:30pm

Newly Diagnosed and Early Stage Breast Cancer Group

Online Tuesday Weekly, 11:30am-1pm

Life After Breast Cancer Survivorship of all Stages

2nd & 4th Monday, 5-6:30pm

Groups are facilitated by Anne Gessert, LMFT, Diane Martell, LMFT and Brenda Birdwell, MSW.

To register and learn more:

cancersupportvvsb.org

programs@cancersupportvvsb.org

805.379.4777

