

Reiki - Group Practice

With Jeannie Rabin



Online (Zoom)

2nd Wednesday 10:30am to 12:30pm

In-Person at CSCVVS Office

3rd Wednesday 10:30am to 12:30pm

4195 E Thousand Oaks Blvd #107

Westlake Village, California 91362

Reiki is an energy healing technique in which Jeannie uses gentle hand movements by hovering over you to channel the flow of life force energy throughout your body, aiming to alleviate stress and promote healing. This technique is based on the belief that life force energy flows through all living things and that when this energy is blocked or stagnant, it can lead to physical, emotional, and spiritual imbalances. By using Reiki, Jeannie aims to unblock and balance the energy within the body, allowing the participant to experience a sense of relaxation and wellbeing. As with all services provide by CSCVVS, are offered free of charge.

Instructor:

Jeannie is a Reiki Master conducting Reiki Nights, Body Scanning, and Chakra Balancing in Santa Rosa Valley.

To register and learn more:

cancersupportvvsb.org

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