

In **2023**, Cancer Support Community Valley/Ventura/Santa Barbara provided nearly **9,000** service hours to cancer patients & their families.

**705** Support Group Sessions



**657** Individual Support Sessions



**124** Healthy Lifestyle Classes



**34** Educational Workshops



**30** Social Events



Surveyed participants in our programs and services experienced overwhelmingly positive outcomes:

- 96%** Would recommend CSCVSB to others impacted by cancer
- 90%** Felt more connected
- 88%** Experienced better quality of life
- 81%** Felt better able to cope with distress

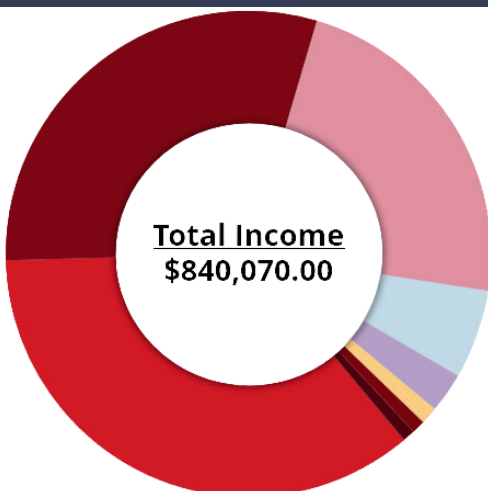
“*I felt that the group and the people saved my life and my sanity.*”

## Cancer Types of 2023 Participants

- 38%** Breast
- 10%** Prostate
- 10%** Blood Cancers
- 6%** Lung
- 5%** Ovarian
- 4%** Colorectal
- 3%** Brain
- 3%** Pancreatic
- 2%** Head and Neck
- 2%** Thyroid
- 18%** Other



**ALL PROGRAMS AND SERVICES ARE PROVIDED AT NO COST TO PARTICIPANTS.**



- 36%** Individual Contributions
- 30%** Foundations/ Grants
- 23%** Special Events Income
- 6%** Program Services
- 2%** Corporate Contributions
- 1%** Community Fundraisers
- 1%** Government Grants
- 1%** Legacies & Bequests

“*The positive experiences and sense of control over the management of my care still resonates today.*”

“*Very nice to know I'm not the only survivor out there.*”

Our mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community.

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