

# **In-Person Social Group**

# **Knotty Knitters**



#### Date & Time:

Tuesday Weekly, 1:30pm-3:30pm

#### **In-Person**

CSCVVSB Office: Valley Room 4195 E Thousand Oaks Blvd., #107 Westlake Village, CA 91362

### No Cost to People Impacted by Cancer

Are you impacted by cancer? Do you have creative hands? Or do you just want to enjoy chatting while knitting a scarf or a beanie? Studies shows that, beyond medical adherence, social support has been associated with improved physical and emotional health and well-being among cancer survivors. Please come and join our Knotty Knitters and learn how to knit and make new friends. All skill levels are welcome. Knitting needles and yarn will be provided.

## To register and learn more:

QR Code cancersupportvvsb.org programs@cancersupportvvsb.org 805.379.4777

