

Online Workshop

How to Effectively Communicate with Your Cancer Treatment Team

Cathy Friedlander Cole, NP, MPH, CHES, FNCBC



Date: Wednesday April 17th

Time: 12:00pm to 1:00pm

Place: Online (Zoom)

No Cost to People Impacted by Cancer

Knowing what to expect as you move through the health care system with cancer can be daunting as you interact with health care professionals and insurance companies, labs, x-rays and case managers. Having the skills to successfully navigate the health care system, includes communicating effectively with care providers and learning to the necessary tools for self-advocacy. If there is a health care issue, get more involved with your health care by asking questions, talking to your clinician, and understanding your condition. Patients and families who engage with health care providers should ask good questions and help reduce the risk of misunderstandings. Please join us and learn more about how to effectively communicate with your cancer treatment team.

Cathy is a healthcare professional with extensive experience in breast health, program development, and community outreach. She holds degrees in Biology, Nurse Practitioner training, and Community Health Education, with certifications in clinical breast examination and nurse navigation. Currently serving as a program coordinator at Los Robles Hospital, Cathy focuses on early detection strategies, clinical skill building, and outreach to underserved communities.

To register and learn more:

cancersupportvwsb.org/events/

email: programs@cancersupportvwsb.org

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