



Bereavement Support Groups

Anne Gessert, MS, LMFT



NEWLY-BEREAVED GROUP:

ONLINE 2ND AND 4TH THURSDAY, 6:00 - 7:30 PM

MOVING AHEAD TOGETHER GROUP:

ONLINE 1ST & 3RD THURSDAY, 6:00 - 7:30PM


NO COST TO PEOPLE IMPACTED BY CANCER

For over 25 years, our bereavement program has been an important part of our commitment to family members whose loved one has died from cancer.

Newly-Bereaved Group: Support and hope for those whose loved one has recently died. This group meets the 2nd and 4th Thursday from 6 - 7:30 pm.

Moving Ahead Together: This group, which meets twice a month on the first and third Wednesday of the month is a group for those who have moved through the initial rawness of grief. It is a place for members to share hopes and fears and to offer each other strength and support in moving forward toward the future.

A brief preparation interview is required before attending. Both groups are facilitated by Anne Gessert, MS, LMFT, who has facilitated CSCVSB bereavement groups for over 25 years.



SCAN ME

To register and learn more:
cancersupportvvsb.org
email: programs@cancersupportvvsb.org
call: 805.379.4777