



Caregivers- Family and Friends Support Groups

Anne Gessert, MS, LMFT & Hannah Hoffman, LCSW



Weekly - Tuesday Evening Group

Online 1st, 3rd, & 4th Tuesdays

In-Person 2nd Tuesday

6:30 - 8:00 PM

Weekly - Wednesday Morning Group

In-Person Wednesdays

10:00 - 11:30 AM

NO COST TO PEOPLE IMPACTED BY CANCER

Many feelings can be part of supporting a loved one through cancer treatment – fear, hope, helplessness, and often a sense of aloneness. These weekly support groups, for adult family members of a loved one with cancer, provides a safe place to share these feelings as well as practical information with others in a similar situation. An orientation attendance and brief preparation interview are required before attending.

These groups are facilitated by a long-time CSCVSB group facilitator, Anne Gessert, MS, LMFT and Hannah Hoffman, LCSW with over 10 years experience in the mental health field.



To register and learn more:

cancersupportvvsb.org

email: programs@cancersupportvvsb.org

call: 805.379.4777