

## *2-Part Online Series*

# Managing Anxiety and Depression During Cancer Treatment

### **Session 1: Managing Anxiety During Cancer Treatment-July 16**

A cancer diagnosis and treatment journey can bring overwhelming feelings of uncertainty, fear, and stress. This workshop is designed to help individuals navigate anxiety in a practical way.

### **Session 2: Depression and Cancer: Recognizing the Signs-July 30**

While feelings of sadness, fear, and uncertainty are normal, persistent or worsening emotional distress may signal depression. This presentation explores the often-overlooked connection between cancer and depression, and emphasizing the importance of early recognition and intervention.

#### DATES:

**THURSDAY, JULY 16TH  
THURSDAY, JULY 30TH**

#### TIME:

**12:00PM-1:00PM**



#### ONLINE VIA

#### ZOOM

**LINK PROVIDED UPON  
REGISTRATION**

**AT NO COST TO THOSE  
IMPACTED BY CANCER**

## **Scott A. Irwin, M.D., Ph.D.; FACLP, FAPOS, FAPA**

Dr. Scott Irwin is currently the Director of Cedars-Sinai Cancer's Patient and Family Support Program and a Professor of Psychiatry and Behavioral Neurosciences within Cedars-Sinai Health System. He also serves as a consultant to two medical corporations and industry. His career mostly focuses on improving outcomes for those with cancer or other progressive, potentially life-limiting illnesses, and their families, through leading-edge clinical services, ongoing research, as well as program development, improvement, and implementation. Dr. Irwin earned his Bachelor of Science from the University of California, Los Angeles, and both his MD and PhD (neuroscience) at the University of Illinois, Urbana-Champaign.



**To register and learn more:**

**Scan the QR Code**

**Call: 805.379.4777**

**Email: [programs@cancersupportvwsb.org](mailto:programs@cancersupportvwsb.org)**