



In-Person Educational Workshop

Start the Conversation: *Advance Directives for You & Your Family*

This informative session will help you prepare for both expected and unexpected end-of-life situations. Learn the importance of planning ahead and how to complete advanced healthcare directive forms with confidence. All attendees will receive a free copy of *The Caregivers' Path to Compassionate Decision Making*—a practical guide to navigating difficult decisions with clarity and compassion. Registration is required.

DATE & TIME:

**THURSDAY, AUGUST 6TH
12:00PM TO 1:30PM**

PLACE:

**CANCER SUPPORT COMMUNITY
VALLEY/VENTURA/SANTA BARBARA
4195 E THOUSAND OAKS BLVD #107
WESTLAKE VILLAGE, CA 91362**



BRENDA BIRDWELL, MSW, ASW TERI HELTON, MSN, PHN, RN JORDANA E. LAWRENCE

Brenda Birdwell, MSW, is Cancer Support Community's support group facilitator and a Family Consultant at Coast Caregiver Resource Center. Teri Helton, MSN, PHN, RN, with experience as a hospice nurse, program manager, educator, and a past chair of the Ventura County Coalition for Compassionate Care. Jordana Lawrence is with the Alzheimer's Association, whose mother had dementia and cancer.



To register and learn more:
cancersupportvvsb.org/events/
email: programs@cancersupportvvsb.org
call: 805.379.4777