



California's End of Life Option Act: What to Expect

Considering California's End of Life Option Act (Medical Aid in Dying) can bring up many questions. This workshop provides a compassionate, practical overview of what it is actually like to navigate the process—from determining eligibility and making the required requests to understanding the timeline, assessing symptoms along the way, and deciding whether this option is right for you. We'll also discuss how and when the medication is typically taken, what the final day may look like, and how patients and families can prepare emotionally and practically. Designed for individuals living with serious illness and their loved ones, this presentation offers real-world guidance to help you make informed decisions with greater clarity and confidence.

DATE & TIME:

ONLINE

THURSDAY, AUGUST 20TH

12:00 PM - 1:00 PM



PLACE:

**CANCER SUPPORT COMMUNITY
VALLEY/VENTURA/SANTA BARBARA
4195 E THOUSAND OAKS BLVD #107
WESTLAKE VILLAGE, CA 91362**

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Amy Yoffe, LCSW

Amy Yoffe, LCSW is a hospice social worker and psychotherapist who has specialized in end-of-life care since 2006. In addition to her private practice, where she provides psychotherapy for individuals facing serious illness, grief, caregiving, and anticipatory loss, Amy provides bedside clinical support to patients and families through the final stages of life. She has extensive experience guiding individuals and their loved ones through California's End of Life Option Act (Medical Aid in Dying), helping them navigate the emotional, relational, and practical aspects of this deeply personal decision with compassion and respect. Amy received her Master of Social Work degree from UCLA in 1995.



To register and learn more:

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